## **November 2025**

**Eastpointe Middle School Breakfast Menu** 

Free Breakfast is available to all students

Serving Time: 7:10am-7:30am in the cafeteria

## **Weekly Options:**

**Monday: Scrambled Eggs with Turkey Sausage and tator tots** 

**Tuesday: Waffles with Chicken Sausage and hash browns** 

**Wednesday:** Breakfast Sandwiches

**Thursday: Pancakes with Turkey Sausage** 

**Fridays:** Assorted WG Bagels

**Daily Options:** 

**Assorted cereals Breakfast Bars, Pastries and Breads** 

**Yogurt** 

Granola

**Graham Crackers** 

**String Cheese** 

**Fresh Fruit** 

**Assorted Juice** 

**Fat Free Flavored Milk** 

1% Unflavored Milk

A Complete Breakfast Has Three (3) Components: Grain/Protein,

Fruit/Juice/Vegetable and Milk