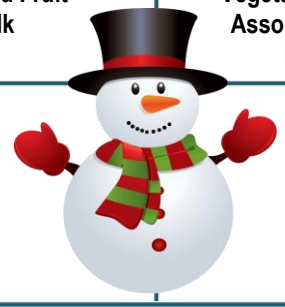
JANUARY | 2022

EASTPOINTE HIGH SCHOOL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 NO SCHOOL	4 Pizza or Chicken on Bun Corn Fresh Vegetable Assorted Fruit Milk	5 Meat & Cheese Nachos Refried Beans Salsa Fresh Vegetable Fruit Milk	6 Cheesy Bread Sticks Marinara Sauce Romaine Salad Green Beans Assorted Fruit Milk	7 Cheeseburger on Bun Oven Fries Fresh Carrots Assorted Fruit Milk
10 Chicken or Salisbury Steak Mashed Potatoes/Gravy Fresh Vegetable Dinner Roll Assorted Fruit Milk	11 Pizza or Burrito Corn Romaine /Tomatoes Assorted Fruit/Juice Milk	12 Chicken Alfredo/Pasta Steamed Broccoli Fresh Carrots Dinner Roll Assorted Fruit Milk	13 Coney Dogs (2) Baked Beans Potato Coins Assorted Fruit Milk	14 Sloppy Joe on Bun Or Pizza Oven Potatoes Romaine/Tomatoes Assorted Fruit/Juice Milk
17 NO SCHOOL	18 NO SCHOOL	19 Meatballs/Gravy Mashed Potatoes Green Beans Dinner Roll Assorted Fruit Milk	20 French Toast / Sausage Oven Potatoes Fresh Vegetable Assorted Fruit / Juice Milk	21 Pizza or Chicken on Bun Corn Fresh Carrots Assorted Fruit Milk
24 Mini Twin Cheeseburgers Baked Beans Oven Potatoes Assorted Fruit Milk	25 Pizza Romaine /Tomatoes Corn Assorted Fruit Milk	26 Pasta / Meat Sauce Green Beans Fresh Vegetable Assorted Fruit Milk	27 Calzone or Cheesy Bread Sticks Marinara Sauce Vegetable Blend Assorted Fruit Milk	28 NO SCHOOL
31 Meat & Cheese Nachos Refried Beans Corn Assorted Fruit/Juice Milk	1	2		4 Assorted Fruit Choices May Include: Apples, Oranges, Bananas, Pears, Grapes, Fruit Cup



Free Lunch Is Available to all students

A Complete Free Lunch Has 5 Components: Protein, Grain, Vegetable, Fruit & Milk Students Must Select At Least 3 Components One component must be a ½ Cup Fruit or ½ Cup Vegetable

Milk Choices Include: Fat free flavored & 1% white

Menu Subject to Change Without Notice This institution is an equal opportunity provider

WG = whole grain

*Items May Contain Pork