

MAY 2024

EASTPOINTE HIGH SCHOOL BREAKFAST MENU

FREE BREAKFAST IS AVAILABLE TO ALL STUDENTS

SERVING TIME: 7:00AM – 7:30AM IN THE CAFETERIA

DAILY OPTIONS MAY INCLUDE:

ASSORTED CEREALS

BREAKFAST BARS, PASTRIES & BREADS

YOGURT

GRANOLA

GRAHAM CRACKERS

STRING CHEESE

FRESH FRUIT

CANNED FRUIT

ASSORTED JUICE

FAT FREE FLAVORED MILK

1% UNFLAVORED MILK

A COMPLETE BREAKFAST HAS THREE (3) COMPONENTS: GRAIN/PROTEIN, FRUIT/JUICE/VEGETABLE & MILK

