## **JUNE 2024**

## **EASTPOINTE HIGH SCHOOL BREAKFAST MENU**

FREE BREAKFAST IS AVAILABLE TO ALL STUDENTS

SERVING TIME: 7:00AM – 7:30AM IN THE CAFETERIA

## **DAILY OPTIONS MAY INCLUDE:**

ASSORTED CEREALS

BREAKFAST BARS, PASTRIES & BREADS

YOGURT

**GRANOLA** 

**GRAHAM CRACKERS** 

STRING CHEESE

FRESH FRUIT

**CANNED FRUIT** 

ASSORTED JUICE

FAT FREE FLAVORED MILK

1% UNFLAVORED MILK

A COMPLETE BREAKFAST HAS THREE (3) COMPONENTS: GRAIN/PROTEIN, FRUIT/JUICE/VEGETABLE & MII K

